**COVID Guidelines ’22-‘23**

*Moving forward, there is a stronger focus on individual responsibility for testing and, when a person tests positive, for notifying the school and/or close contacts about potential exposure.*

* Families should monitor their children for signs of COVID-19 and keep them home when sick.
* At-home tests are available from the school nurse upon request, provided sufficient supply from KDHE.
* USD 411 will follow the current guidelines for [isolation](https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html#:~:text=Avoid%20being%20around%20people%20who,guidance%2C%20see%20CDC's%20Travel%20webpage.) for those infected with COVID-19 and [quarantine](https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html) for those exposed to COVID-19.
* USD 411 offers rapid antigen testing for COVID-19 and Influenza A/B, as well as PCR testing for COVID-19. Testing requires express consent from parents or legal guardian before any testing.

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| SITUATION | WHEN TO TEST | RESOLUTION |
| **COVID Positive**  \*First day of symptoms, or positive test if no symptoms, is day 0. | May do full 10 day quarantine.  May return day 6 and should wear a mask through day 10. | Return day 11 with no mask, if fever free and improving symptoms.  Return day 6 if fever free and improving symptoms; wear a mask through day 10.  May remove mask prior to day 10 if two negative tests taken 48 hours apart. |
| **Contact**  \*Last day of contact with the positive case is day 0 | May choose to wear a well-fitting mask daily for at least 10 days after exposure.  May choose not to mask but must test upon notification of exposure and no less than every other day with a rapid antigen test in the morning before school. (Test to Know)  Regardless of masking or TTK, exposed individual should test if any symptoms develop. | If positive at any point during quarantine or TTK, should return home to isolate (see above).  TTK participant – If negative on day 6, may return to school/work as normal. Masking not required. |